Forest River Park Pool Rules

All persons are required to take a cleansing shower before entering the pool.

Any person having an infectious disease, communicable disease or open wound is prohibited from using a public pool.

Children under the age of ten must be accompanied and watched by an adult.

All swimmers must wear clean swim attire. Plastic pants or swim diapers are required for those not potty trained. Changing attire and/or diapers must take place in locker rooms.

Service Animals only.

No person shall bring or throw into the pool any object that may in any way carry contamination or endanger the safety of bathers. Spitting, spouting water, blowing the nose or discharging bodily wastes in the pool is strictly prohibited.

No food, glass, candy, alcohol, tobacco products, smoking or vaping inside the pool enclosure. Snack bar concessions are available outside the pool enclosure for your enjoyment.

To enter the deep water zone, bathers under the age of 16 are asked to take a Swim Test. The swim test consists of: Jump into water over your head, swim back to the surface. Tread water and swim one length of the pool (1 minute combined). Swim to the edge of pool and climb out unassisted. Upon completion of the Swim Test, Swimmers are marked with a green wristband to wear and may enter both deep and shallow water.

Non-swimming youth must wear personal flotation devices (PFD) or be accompanied by an adult in the water. Only Coast Guard approved life vests are permitted for flotation. Patrons wearing life vests must remain in shallow water. A limited amount is available at the pool.

Extended breath holding is prohibited.

No Diving.

At all times, lifeguards work to create an environment conducive for all patrons present. Running, boisterous or rough play, shoulder rides, throwing, tossing, flipping and excessive noise is forbidden in the pool area and bathhouse.

Pool will close for inclement weather, mechanical or chemical safety concerns. Please understand that your safety is our top priority.

Lifeguard directions must be followed at all times. Management reserves the right to refuse admittance to or eject from the premises any persons failing to comply with any of the above health and safety regulations.

Pool capacity is at the discretion of lifeguards and the YMCA staff.